

Probe



Red and flashing red light

Green light

Display screen

Black button to access additional functions

Red menstruation button

Transmission speaker (on the back)

Battery compartment (on the back)

# BIOSELF

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## Fertility Indicator

### WARNING

- BIOSELF® can be used by women who have menstrual cycles - preferably regular - lasting between 18 and 39 days.
- BIOSELF® should not be used while breast feeding or using hormonal treatments (eg. the pill) or if you are aware of menopausal symptoms.
- BIOSELF® does not provide any protection against sexually transmitted diseases (AIDS, etc.).

CE 0459

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# To be or not to be

If that is your question...



**...BIOSELF® had you in mind when it developed a safe, alternative natural family planning method, without side effects**

## BIOSELF®

BIOSELF® is a simple, quick and accurate electronic fertility indicator. It is a step forward in the area of natural family planning, because it identifies both the period of maximum fertility (the days on which it is most likely you could conceive a child) and the infertile period, when conception is not possible (during which there is no need to use a barrier contraceptive).

## Well-know principles

The BIOSELF® high-power micro-computer combines the basal body temperature and the calendar method. Through the latest developments in microelectronics, BIOSELF® render these natural methods both reliable and easy to practice.

BIOSELF® records and analyses your basal body temperature, and the length of your cycles, to keep you posted, at all times, on your daily level of fertility. It stores all the data, relating it to your last 12 cycles, and becomes personalized to you as you use it.

BIOSELF® also allows you to have the sequence of your cycles printed out in the form of a graph.

## Easy to use

BIOSELF® is very simple to use. Every morning, when you wake up, at about the same time, it takes only a few moments to measure your basal body temperature. BIOSELF® even prompts you with a discrete audible signal, so that you do not forget.



Once a month, on the first day of your period, you press the red button to record the start of your new cycle in the BIOSELF's memory.

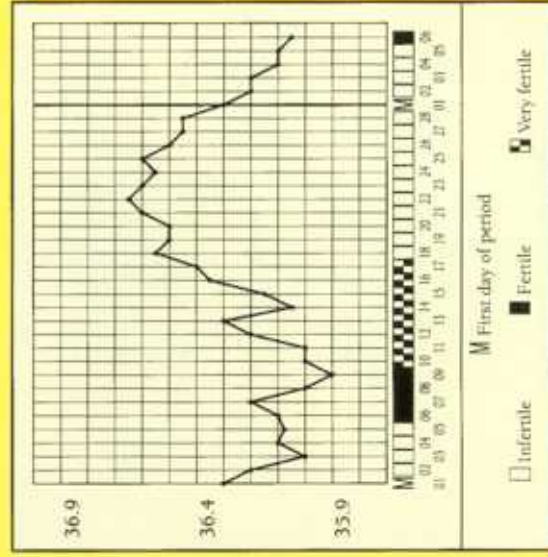


After automatically analyzing and processing this information, BIOSELF® uses one of its 3 indicator lights to tell you your fertility level for that day:



## Printing out your graph

You can have the entire record of your menstrual cycles printed out as a graph, by telephone.



This information may be very useful for your doctor, especially if you have any fertility problems, or to find out your likely delivery date after you have become pregnant.